

**mysleep**<sup>TM</sup>  
by kaymed

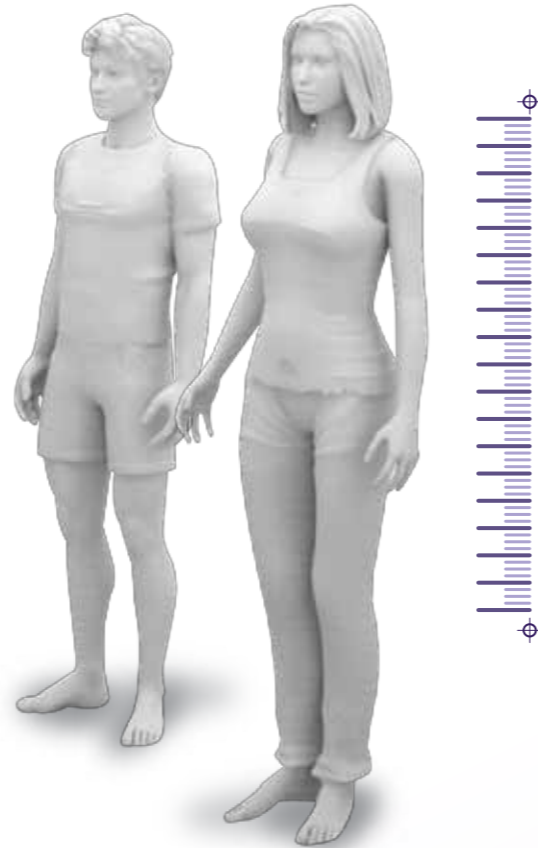
# measured to fit

Introducing a new  
concept in sleep science,  
MySleepScan<sup>TM</sup> Technology

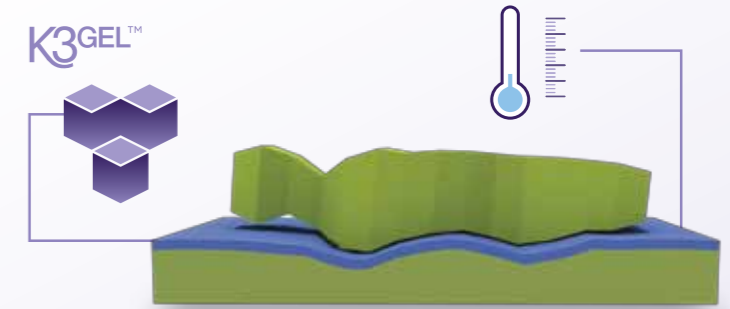
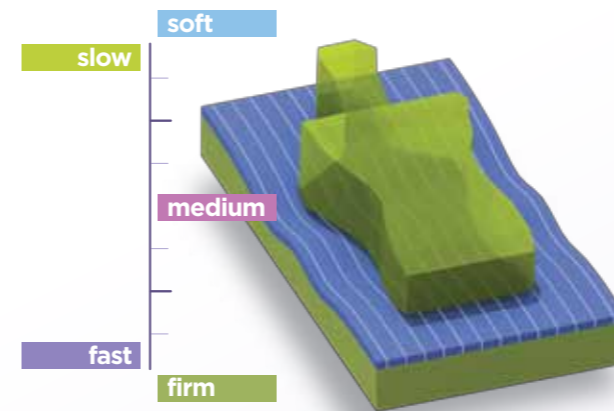


# find your perfect fit

Take your MySleepScan™ and find your perfect measured to fit MySleep™ bed



MySleep™ beds deliver outstanding fit through two advanced systems of dual support and dual comfort.



MySleep™ from Kaymed is a revolutionary new scanning programme designed by leading academics to take the guess work out of choosing a bed. MySleepScan's™ patented technology measures your weight, weight distribution and spinal posture to find your perfect measured to fit MySleep™ bed.

## It all starts with you...

Choosing a bed shouldn't be trial and error. We use the results of over three hundred clinical trials to identify the sleep surface that fits your unique body type.

MySleep™ looks at both the comfort and the support features that suit you. Our **dual comfort** solutions offer you great pressure and temperature relief, while our **dual support** solutions offer you great support in both resting and active sleep states.

## Dual Support

**Resting support** impacts your resting sleep. Correct firmness is required to properly support your body - with enough softness to accommodate your spinal posture. MySleep™ fits you with a soft, medium or firm support level.

**Active support** affects you when your sleep is most active enabling mobility, bloodflow and muscle replenishment. MySleep™ is available in slow or fast response speeds that suit you.

## Dual Comfort

Everybody perceives comfort differently. Our clinical studies prove that even weight distribution and an even body temperature are the two key factors for sleeping comfort. Your MySleep™ bed is designed using revolutionary K3Gel™ for optimal pressure relief, so aches and pains are minimised, while K3Gel's™ unique hollow cube design provides ideal body temperature regulation for consistently cool comfort.

## MySleepSide™

Your MySleep™ bed comes in his and her MySleepSide™ offerings - providing you the ultimate tailored and bespoke sleep fitting.

Simple, fun and effective in 2 minutes!

- 1 3D Body Image Capture
- 2 Your measured to fit MySleep™ bed results
- 3 Rest test and buy your MySleep™ bed



## How do I get started?

Simple, come to the MySleep™ area of the bed showroom and have your 3D body image profiled by a trained representative. In two minutes our technology will assess you and find your ideal MySleep™ bed. Bring your partner too, it's fun and informative and could be the key to unlocking the sleep you have always dreamed of.

The MySleep programme brings leading edge scientific principles to choosing the bed that's right for your body type. However, this programme does not replace personal comfort testing, we recommend you rest test your sleep products before purchase.

## Brought to you by Kaymed A century of sleep innovation

Everything we do is designed to give you the perfect night's sleep, so you can make the most of your life. As one of Europe's leading sleep specialists, we have over 100 years experience in pioneering new and revolutionary sleep materials and processes. Our award winning products are proven in clinical trials. So relax, restore and revive with Kaymed Sleep Solutions.

[www.kaymedworld.com](http://www.kaymedworld.com)



• YOUR LOCAL MYSLEEP RETAILER •

Mysleepscan™ was invented to measure **the three critical body features** – weight, weight distribution & spinal posture – using 3D image analysis.



\* 3D Avatar Image

# The science of **body to bed fit**. A peak at the overall science.

## The bed fit algorithm used by Mysleep is patent pending IP.

- **Weight**
  - Weight impacts the softness of resting support and the conformity required
  - Mysleep maximises comfort, minimises entrapment, optimises temperature
  - Mysleep factors in both total weight (volume) along with BMI (accounting for height) and physique (plumpness or boniness)
- **Weight Distribution**
  - Weight distribution (body volume segmentation) impacts active support and resting support
  - Somato-types (apple or pear) behave differently, the Apple shaped body has more difficulty changing position, moving loose adipose weight around the stomach from one position to another. The pear shape body with localised hip / buttock weight concentration behaves differently, indenting heavily and locally into the surface.
  - Mysleep factors in body shape and body types (somatotype – endomorph, ectomorph, mesomorph)
- **Spinal Posture**
  - Spinal posture impacts resting support and active support
  - The spinal fit should achieve a healthy alignment, maintaining the spine close to the alignment of a natural standing posture
  - Mysleep factors in kypho-lordotic curvature of the spine in everyday posture

# MySleep Core Mattress Programme



soft

mysleep™  
by kaymed

slow ↕

fast ↕

medium

mysleep™  
by kaymed

slow ↕

fast ↕

firm

mysleep™  
by kaymed

slow ↕

fast ↕

- Optimised support in Soft, Medium, Firm
- Optimised mobility in slow or fast rebound
- Pressure relief and temperature relief – K3Gel

# DUAL SUPPORT FITS

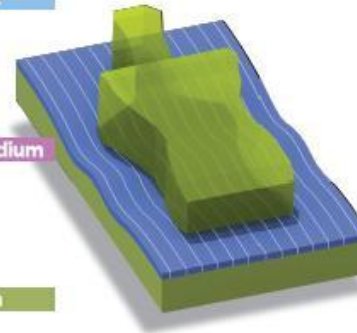
Dual support fits, means that MySleep offers better fitting support for your body in both non-moving and moving sleep states.

## 1 Dual Support

soft

—  
—  
—  
medium

—  
—  
—  
firm



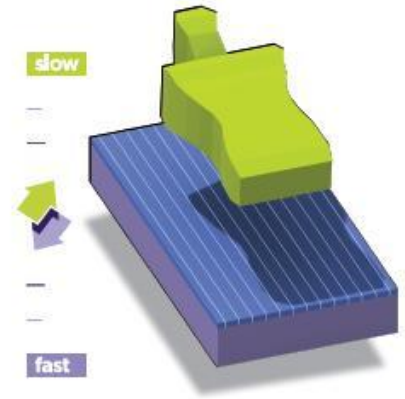
### Resting Support

Resting support is critical for periods of deep sleep, when sufficient support is required to hold your body and accommodate your spinal posture. Your MySleep™ solution ensures ideal body fit in either **soft, medium or firm** support levels.

slow

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—  
fast

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—  
fast



### Active Support

Active support delivers postural support when your sleep is most active, enabling mobility, healthy blood flow and muscle replenishment. MySleep™ is available in either **slow or fast response speeds** to best suit you.

## DUAL COMFORT FITS

Dual comfort means that MySleep offers the pressure relief and temperature relief your body requires

